Put Up the Harvest
SEASONAL CANNING CALENDAR

What's usually in season across the US, month by month, plus ideas for what to put up. Seasons shift by region, so fill in what really grows near you.

Month	In season & what to can	My local harvest
January	**Citrus: oranges, grapefruit, lemons** Marmalade, citrus sections, stock from holiday bones, dry beans from the pantry	
February	**Citrus, Meyer lemons** Lemon curd, marmalade, broth, beans and chili for the shelf	
March	**Early asparagus and rhubarb (South)** Pressure-can asparagus, rhubarb sauce. Plan the garden!	
April	**Asparagus, rhubarb, spring onions, early strawberries (South)** Asparagus, stewed rhubarb, strawberry-rhubarb jam	
May	**Strawberries, rhubarb, asparagus, peas** Strawberry jam, peas (pressure), rhubarb anything	
June	**Strawberries, cherries, blueberries, apricots, peas, early beans** Cherry and blueberry jam, apricots, first green beans	
July	**Berries, peaches, cherries, green beans, cucumbers, zucchini, corn** Pickles, peaches, berry jams, green beans, corn	
August	**Tomatoes, peaches, corn, beans, peppers, plums, cucumbers, melons** Tomatoes, salsa, peaches, pickles, corn, pepper jelly	
September	**Tomatoes, apples, pears, grapes, plums, peppers, potatoes** Applesauce, apple butter, pears, grape juice, sauce	
October	**Apples, pears, pumpkins, winter squash, carrots, potatoes, sweet potatoes** Pie filling, cubed pumpkin*, carrots, potatoes	
November	**Cranberries, apples, pears, sweet potatoes, hunting-season meat** Cranberry sauce, venison and elk, sweet potatoes	
December	**Citrus, cranberries, holiday ham and turkey** Turkey and ham stock, meats, citrus, soups	

** Pumpkin and winter squash: pressure-can cubes only. There's no tested method for canned pumpkin puree or pumpkin butter.*

MAMA TIP Your county extension office and local farmers market know your real harvest dates. Call or stop by in early spring, then plan your jars, lids and canning days around it.

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